



**Hi! I'm Andy Apple!**

Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, and a selection of salads and fresh fruit.

# WILSONJONES

*Simply Fresh*



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1 Commencing

1st November  
22nd November  
13th December  
17th January  
7th February  
7th March  
28th March

**Main**  
**Vegetarian**  
  
**Sides**  
  
**Alternative**  
  
**Dessert**

Chicken & Sweetcorn Pizza with  
Garlic Roasted New Potatoes  
  
Cheese & Tomato Pizza with  
Garlic Roasted New Potatoes  
  
Broccoli  
Baked Beans  
  
Tomato & Mozzarella Pasta  
with Garlic Bread  
  
Banana & Sultana Flapjack

Beef Lasagne  
with Garlic Bread  
Spinach Lasagne  
with Garlic Bread

Carrots  
Sweetcorn

Baked Potato with Cheese,  
Chopped Olives  
and Fresh Tomatoes

Apple & Cinnamon  
Oatmeal Cookie

Roast Chicken, Yorkshire  
Pudding & Gravy

Aubergine, Tomato  
& Mozzarella Bake

Homemade Roast Potatoes  
Roasted Parsnips  
Lemony Green Beans

Sweet & Sour Quorn  
Noodle Stir Fry

Peach Crumble  
with Caramel Sauce

Pork Sausages  
& Gravy

Vegetarian Sausages  
& Gravy

Creamy Mashed Potato  
Green Beans  
Carrots

Spinach & Feta Pie

Very Berry Jelly

Crispy Baked  
Fish Fingers

Cheese & Onion Puff

Chips  
Garden Peas  
Baked Beans

Cauliflower & Broccoli  
Cheese Bake

Chocolate Brownie  
with Banana Slices

### WEEK 2 Commencing

8th November  
29th November  
3rd January  
24th January  
21st February  
14th March

**Main**  
**Vegetarian**  
  
**Sides**  
  
**Alternative**  
  
**Dessert**

Chicken Curry  
with Plain Rice  
  
Cauliflower & Potato Balti  
with Rice  
  
Carrots  
Garden Peas  
  
Macaroni Cheese  
with Garden Peas  
  
Rice Pudding  
with Strawberry Jam

Beef Burger in a Bun

Veggie Burger in a Bun

Homemade Potato Wedges  
Mini Corn Cob  
BBQ Mixed Beans

Cheese & Onion Puff

Marble Cake & Custard

Roast Gammon, Sage & Onion  
Stuffing with Gravy

Leek & Potato Pie

Homemade Roast Potatoes  
Carrots  
Roasted Cauliflower

Mixed Vegetable Stuffed  
Peppers

Pear Tart with Chocolate Sauce

Mild Beef Chilli Con Carne  
with Rice & Nachos

Mild Veggie Mince Chilli  
with Rice & Nachos

Sweetcorn  
Broccoli

Tomato & Mozzarella Pasta  
with Garlic Bread

Banoffee Pie

Crispy Breaded Fish

Mediterranean Roasted Veggies  
in a Tomato Sauce

Chips  
Mushy Peas  
Baked Beans

Tuna Melt Baguette

Chocolate Orange Shortbread

### WEEK 3 Commencing

15th November  
6th December  
10th January  
31st January  
28th February  
21st March

**Main**  
**Vegetarian**  
  
**Sides**  
  
**Alternative**  
  
**Dessert**

Creamy Chicken Pasta Bake  
  
Roasted Vegetable Pasta Bake  
  
Homemade Garlic Bread  
Broccoli  
Carrots  
  
Sweet Chilli Noodles  
  
Pancakes  
with Raspberries & Cream

Hot BBQ Chicken Wrap

Veggie Meatball,  
Tomato & Cheese Pitta

Scalloped Potatoes  
Coleslaw  
Garden Peas

Baked Potato with Sour Cream,  
Salsa & Chives

Orange Drizzle Cake  
with Custard

Roast Beef, Yorkshire Pudding  
& Gravy

Quorn Fillet, Sage & Onion  
Stuffing & Gravy

Homemade Roast Potatoes  
Glazed Parsnips  
Broccoli

Roasted Leek & Pepper Quiche

Banana Sponge  
with Toffee Sauce

Beef Pasta Bolognese

Red Lentil & Vegetable  
Cottage Pie

Roasted Cauliflower  
Carrots

Baked Potato  
with Baked Beans & Cheese

Carrot Cake

Crispy Baked  
Fish Fingers

Vegetable Baked Fingers

Chips  
Garden Peas  
Baked Beans

Quornish Pasty

Pear Crumble  
with Chocolate Ice Cream



If you have any questions or queries, please give us a call at 0208 090 1275  
Alternatively you can email us at [info@wjccatering.co.uk](mailto:info@wjccatering.co.uk)