

Wednesday 21st February 2021
OLI: To plan a diary entry

The diagram illustrates a cyclical process for planning a diary entry. It consists of three main rectangular sections: **Introduction:**, **Main:**, and **Ending:**. Each section is connected to circular nodes labeled **Thoughts** and **Feelings**. The flow is indicated by orange curved arrows and thick black straight arrows.

- Introduction:** A large rounded rectangle on the top left. It is connected to a **Feelings** circle above it and a **Thoughts** circle below it.
- Main:** A large rounded rectangle on the right. It is connected to a **Thoughts** circle above it and a **Feelings** circle to its right.
- Ending:** A large rounded rectangle on the bottom left. It is connected to a **Thoughts** circle above it and a **Feelings** circle to its right.

The flow of the process is as follows:

- From the **Introduction:** section, an orange arrow points to the **Thoughts** circle below it, and another orange arrow points to the **Feelings** circle above it.
- A thick black arrow points from the **Introduction:** section to the **Main:** section.
- From the **Main:** section, an orange arrow points to the **Thoughts** circle above it, and another orange arrow points to the **Feelings** circle to its right.
- A thick black arrow points from the **Main:** section to the **Ending:** section.
- From the **Ending:** section, an orange arrow points to the **Thoughts** circle above it, and another orange arrow points to the **Feelings** circle to its right.

Each circular node (Thoughts and Feelings) contains horizontal lines for writing. Each rectangular section also contains horizontal lines for writing.