



Islam

Prayer

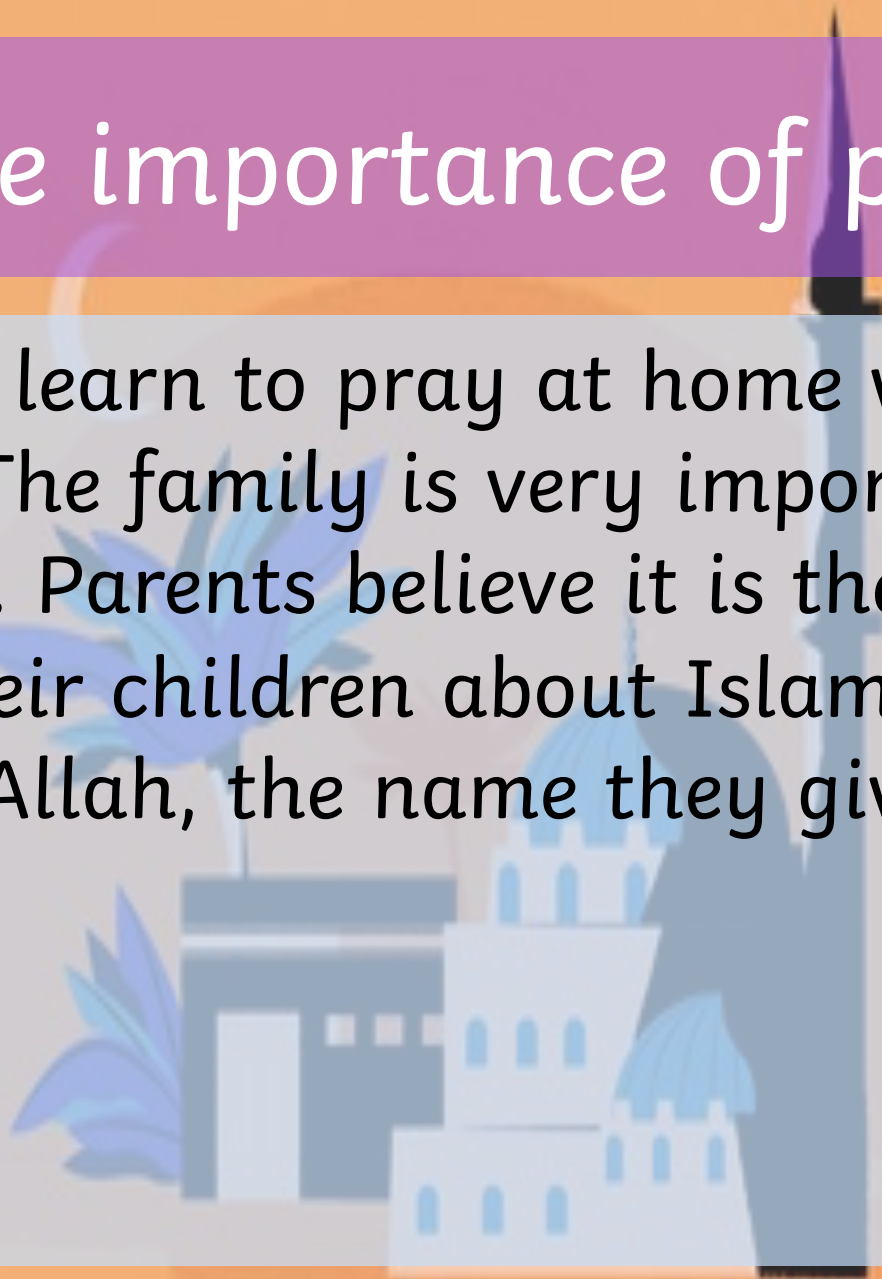
# Prayer



<https://www.bbc.co.uk/bitesize/clips/z4gkq6f>

# The importance of prayer

Muslims learn to pray at home with their family. The family is very important to Muslims. Parents believe it is their duty to teach their children about Islam and how to pray to Allah, the name they give God.



# The importance of prayer

Prayer is the most important part of a Muslim's day, they pray five times every day: early morning, midday, afternoon, after sunset, and nightfall. Muslims can pray anywhere that is clean and quiet. Before they pray they take off their shoes, cover their heads, wash, that is called wudu, and roll out their prayer mat to face Makkah the holy city for Muslims. Many Muslims carry a special compass with them which helps them find the direction of Makkah.

# Wudu



<https://www.bbc.co.uk/bitesize/clips/zfh9r82>

# Prayer

There are nine movements in their prayer including standing, kneeling and bowing low, and touching the ground with foreheads. This is to show that they are humble and respectful to Allah.

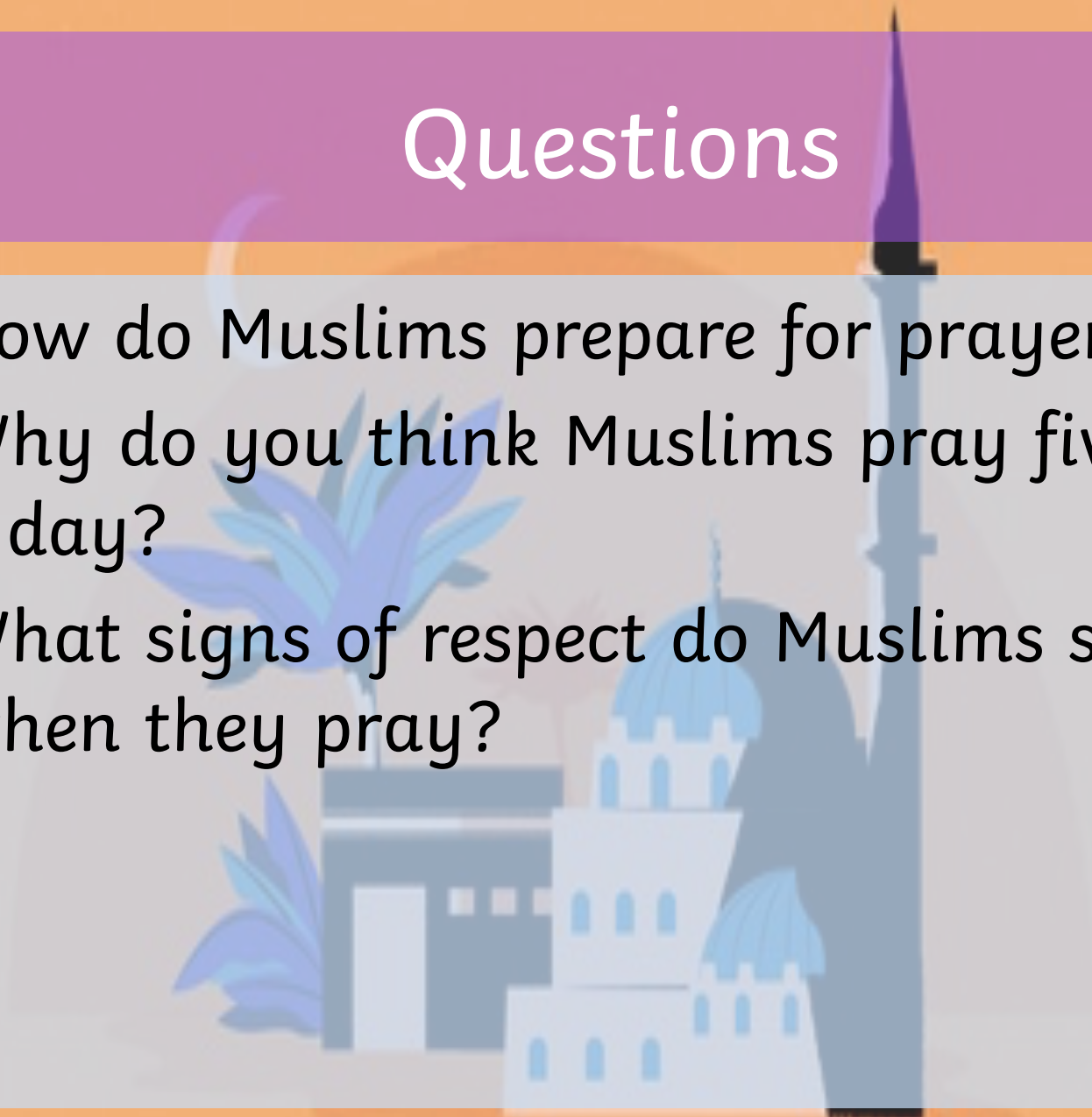


# Prayer

There is a set pattern to prayer which includes a special praise and thanks to Allah, asking forgiveness for their sins and asking for their needs. The first words of the prayer is *Allah Akbar* meaning *Allah is great*. When they have finished the set prayers they can use their own words.

# Questions

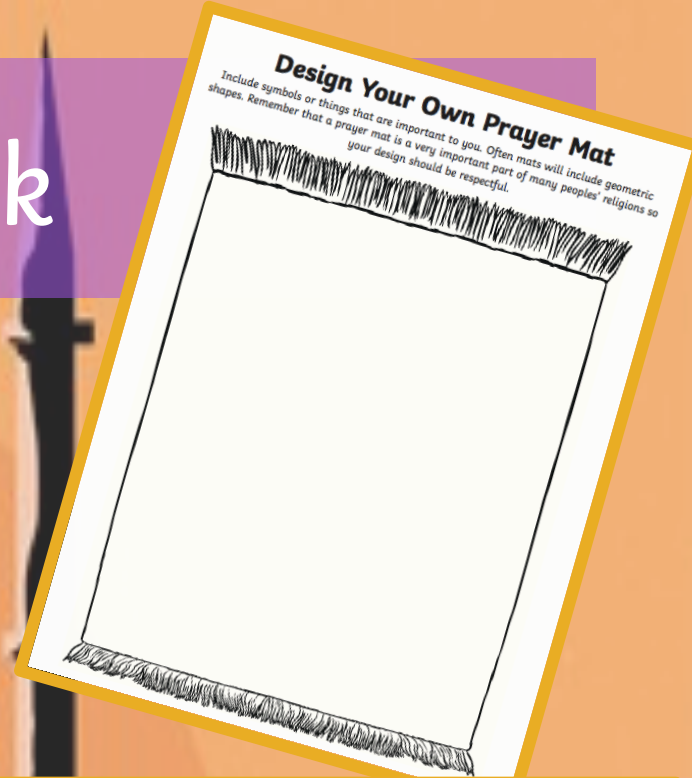
- How do Muslims prepare for prayer?
- Why do you think Muslims pray five times a day?
- What signs of respect do Muslims show when they pray?



# Today's Task

Design your own prayer mat. Include symbols or things that are important to you.

What is similar and what is different about Muslim and Catholic prayer?



**Muslim and Catholic Prayer**

What are the similarities and differences between Muslim and Catholic prayer? Think about where you might pray, how you pray, who you are praying to and who you might pray with.

Muslim	Catholic